

# Newsletter

2nd Quarter \* 2022



Restoring hope. Transforming lives.



*Message shared by Jackie...*

Remember this: "He who sows sparingly will reap sparingly, but he who sows generously will reap generously".  
~2 Corinthians 9:6



## 2022 Sowing Generously

The tragedy that took place Monday, May 24th in Uvalde, Texas has had global impact. Nineteen children, and two adults were senselessly gunned down by an 18 year old (who was also a casualty) the day before this picture was taken. It was after Tuesday that age old wisdom struck me recently.

On Tuesday, a group of young families, children, parents, grandparents and teachers came to Peace Ranch to celebrate and support sensory learning in young kids with development delays. Why? Because, sowing healthy seeds in their lives now will produce a significant harvest in their future.

Many of the parents shared special things about what happened for them. At Peace Ranch they felt safe, judgement free, relaxed, and were able to enjoy engaging with their children. Some kids had never been with other kids. Others had never been on grass. The staff was deeply touched seeing their student's vitality, exploring, smiling, and playing- like other kids.

No one imagines tragedy like what happened on May 24th and hind sight IS 2020— apparently no one responded to the cries of this troubled teen, who was a little boy once. It reminded me that no matter what, we must keep sowing seeds of hope and healing, (CONTINUED)

## Military & EMS

### Peace Ranch Welcomes New Caretaker

Cortney Moguel has been hired in the new role of Caretaker for Peace Ranch. She and her husband (Michigan natives) and their 3 children will move from Kentucky later this summer to live at the ranch. Cortney has a BA in Equine Studies with an emphasis in Therapeutic Riding from Asbury University (Lancaster, Kentucky) with experience at Central Kentucky Riding for Hope at the Kentucky Horse Park in Lexington, KY. She did her internship at Hooves of Hope Equestrian Center and was hired after graduation. Her role at Peace Ranch will include management of the Equine Sanctuary Program, oversight and training of volunteers, facility/grounds maintenance and equine therapy. Cortney served in the Army National Guard as Military Police (31B) from 2003- 2009. She was deployed to Hurricane Katrina '05 and Operation Iraqi Freedom '06-'07. She enjoys spending time with animals, gardening, hiking/running, journaling, and faith is very important to her. Cortney says "I am looking to continue my career and growth with Peace Ranch while most importantly helping people transform their lives. And looking forward to getting to know everyone while being a big part of supporting the mission and vision of Peace Ranch like the rest of you!"

What does Volunteering at Peace Ranch look like? Maybe you think of mucking stalls or feeding horses but one of our biggest needs right now is professional people who will invest 1 hour, 6 times a year to be a part of one of the committees that help guide our organization.

Our Spotlight need is 2 Financial Professionals for our Finance Committee. If you are interested in volunteering for this committee please email [execdir@peaceranchtc.org](mailto:execdir@peaceranchtc.org) If you want to volunteer in another capacity please fill out the Volunteer Form on our website at [www.peaceranchtc.com](http://www.peaceranchtc.com)

Our Mission is to provide Equine Assisted Psychotherapy and Learning to all in need.

Our Vision is to create a PEACE-ful experiential center, a therapeutic community dedicated to cultivate growth and learning to rehabilitate those who are ill or suffering that they may turn or return to productive living.



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(CONTINUED FROM PAGE 1) planting in young lives AND we need to support families so kids can grow healthy and strong. By doing so we invest in their lives, planting good seed so we can reap a good harvest in all of our futures.

## From Tiny Seeds Grow Mighty Trees

At Peace Ranch we are faithful gardeners - nurturing seeds of hope and change through a truly unique experiential program. At a time when adults and children in our community are experiencing unprecedented rates of trauma, anxiety and depression, Peace Ranch provides a balm of healing, a sanctuary, and a peaceful place.

Our amazing team of professional helpers gently nurture and guide and help clients plant new seeds, re-wiring emotional and behavioral patterns that are disruptive. As these seeds take hold, clients experience changes in critical parts of their life - family, work, school and community like:

- A child is able to ride the school bus without 1:1 supervision;
- An adult with chronic mental illness decreased hospitalizations by 100%;
- Frontline workers report less burnout and staffing has stabilized;
- A military veteran sought inpatient substance abuse treatment and is celebrating 180 days of sobriety.

These victories not only impact our clients, but also strengthen our "community garden" with stronger families, steadier workforce, calmer school environments, and reduction in expensive, crisis-oriented services.

This summer, in addition to our regular therapy programming, we are planting seeds with:

- Children age 8-14 for leadership and resilience skill building;
- Military veterans for weekend retreats;
- Families of young children with special needs;
- Frontline mental health workers and Teachers for resilience support;
- Adults living at the Pavilions;
- Trauma training and Military culture training for professionals.



As Fred Rogers' mother said, "Look for the helpers. You will always find people who are helping." Great advice! The helpers here at Peace Ranch are faithfully planting seeds toward a healthier community.

For more information go to [www.peaceranchtc.com](http://www.peaceranchtc.com) , email [jan@peaceranchtc.org](mailto:jan@peaceranchtc.org) or call 231.499.4736